

Woman's Page

How to Fight the High Cost of Living

Standard Woman's Page Has Taught Young Woman to Save
Twenty-five Per Cent of Her Wages—Banks Money Every Week
—Do Not Interfere With Nature—Keep the Mind and Body Free
From Impurities—Recipes.

BANKS \$4 EVERY MONDAY

Without exaggeration I can say that your Woman's Page has taught me to increase the purchasing value of a dollar about 25 per cent. I am making \$12 a week. I found this to be a mighty poor pay a year ago, but by reading this column I saw how many married couples managed fine on the same amount. Then I took a determination to bank \$4 every Monday. I have done it.

Here are my weekly expenses:
Board \$4.50
Laundry 25
Car fare 50
Lunches 90
Amusements 75
Bank, for clothing 1.00
Bank, for saving 4.00

Total \$12.60
I get excellent board for \$4.50. The laundry I receive rough dried at 35 cents a dozen, and am allowed to do the ironing where I live. By buying tailor made suits at \$20 I can wear them two, sometimes three, seasons. My summer and winter suits average me about \$10 per week each. I always buy two pairs of shoes at a time and never use the same pair two days in succession. Two pairs will last as long as three by this method.
"E. M. S."

drained into a stream, so poisons are drained into life. The thoughts of the day, the impressions, are the defiling ingredients which taint the purity of life's stream. The man or woman who injects a poisonous thought into the life of another is no different with regard to the process, than one who would direct filth into the pure spring fountainhead of a brook.

Viewed in this light, what a tremendous responsibility rests upon us all. Every impression one makes upon another becomes part of that other's life, whether it be for good or bad. This is particularly true of children—for they are the tiny brooks, natively pure and undefiled. But our civilization soon begins to poison the child as it does the brook. The purity is not destroyed—it is simply mingled with impurities. And after awhile the child grows to manhood or womanhood; it becomes a river. And the larger the stream the greater the amount of impurities which flow into it. "Larger," in this sense, corresponds to the activities of the living person.

It would be a doleful thought—the constant battle against purity in the world—did nature not combat impurities. But it does. The stream tumbles and tosses in its course, purifying itself as it goes along. The mind tumbles and tosses in exertion, seeking truth and wisdom, and purifies itself in the process. It would seem that there is but one scheme in nature, whatever the method may be. The one simple process holds good for the whole world and all the people in it. Remember, then, that as the smallest rivulet helps to form the oceans, so your smallest deed becomes a part of the ocean of life. Do not go into this ocean as an impurity.

BIG STEAMER IS MISSING

Calumet, Mich., June 16.—The ore steamer Jesse Spaulding, damaged in an unknown extent in a collision the coal steamer William P. Snyder, Jr., is missing on Lake Superior last night somewhere, it is thought in the vicinity of Keweenaw Point. Distress signals from the Spaulding ceased suddenly after the collision during a heavy fog, and the Snyder, which had backed clear, was unable to find the other injured vessel. After a long search for the Spaulding, the Snyder, which was badly damaged above the water line, was forced to attempt to reach its home port Superior, Wis. Wireless messages from the Snyder indicated that the vessel would make port under its own power.

Sudden stoppage of the Spaulding's distress signals, according to lake Spaulding was not so badly damaged as to be in danger of sinking immediately. The collision between the Spaulding and the Snyder took place early this morning in a dense fog. The vessels crashed together while rounding Keweenaw point, the Spaulding southbound and the Snyder north. No opinion as to the nature of the injuries to the Spaulding was given in the wireless dispatches.

The vessels lurched apart after the collision. The Spaulding began sounding distress signals a few moments afterwards. No boats or wreckage from the other vessel were found by the Snyder.

The Snyder struck the Spaulding a glancing blow with her port bow. The Snyder reported by wireless that she was able to make port. The Spaulding was due at Sault Ste. Marie early today. The lake is calm.

The account of the search for the Spaulding states that the Snyder quartered the lake for several hours trying to locate the other vessel and only abandoned the search when the fog lifted, at which time no vessel was in sight. It is possible that the Snyder may have worked out of sight of the Spaulding and that the ore steamer was afloat, though not in view of the Snyder's masthead.

POWER POLICY OF GOVERNMENT

Washington, June 16.—"The lower the price charged to consumers by electric power companies, the lower will be the tax which such power companies must pay to the government."

Secretary Lane of the interior department announced this yesterday as "the heart of the policy adopted as to the disposition of water rights of the government."

Mr. Lane has pending before him several applications for rights to use the public lands and the waters of navigable streams for the development of electrical power. He is opposed to making use of these waters as a source of revenue to the government, but is in favor of acquiring the fullest use of them for the benefit of the people.

After carefully considering a power project on the Pen d'Oreille river in northern Washington, the secretary has laid down five conditions as "an ideal standard towards which the work in the making of the contract between the government and the applicants for the use of the power." These conditions are:

"1. The greater development of horsepower the lower charge per horse power to be made on the part of the government. This is intended to secure the full use of the stream."

"2. The lower rate to consumers, the lower the charge on the part of the government."

"3. No charge whatever for a period of five or ten years during which the power company is finding its market."

"4. Acceptance as a public utility of the state's jurisdiction over interstate rates and service."

"5. Absolute prohibition of combination or monopoly and the right of revocation on the part of the government in the event that it established to the satisfaction of the courts that such combination has been made or that prices have been fixed by agreement with competing plants."

"It is my purpose," said Secretary Lane, "closely to follow these conditions in the making of all future contracts with power companies. They are just alike to seller and consumer of the power; they are fair to the government, and they will make for the conservation and genuine development of natural resources now going to waste."

DUCHESS D'ARION AND SPANISH QUEEN SAID TO RULE MAN WHO RULES SPAIN

King Alfonso of Spain is said to be under the rule of women of the Spanish court. Ruling the decadent Spain of today is not the job it used to be when the sun rarely set on that land's dominions, but still young Alfonso doesn't seem to be equal to it. Among the women who exert the greatest influence over him are the Queen of Spain—Victoria—and the Duchess D'Arion. The king is said to be especially attentive to the advice of the duchess.



Duchess D'Arion (top) and Queen of Spain.

COSTUME IN CERISE CREPE WITH REVERS



Costume in cerise crepe with revers, belt and inset on cuffs of self-color velvet. Three-quarter sleeves gathered to low shoulder cuffs with velvet insets between. Peplum is slightly gathered in back. Skirt is raised at the left front below a knot of drapery trimmed with a bow and long ends of cord.

THE CHAUTAUQUA MOVEMENT.

BY EDWARD AMHERST OTT.

The Chautauqua movement is the one distinctive creation of our democratic life. It is to literature, statescraft, sociology, and even science, what the art gallery is to painting and sculpture. It is the poor man's educational opportunity. It is the isolated community's salvation from provincialism. It is a vocal magazine in which truth is enforced by personality.

The Chautauqua platform is the broadest the world has ever known—the first and only free pulpit. On it Catholic and Protestant speak on the same day. Democrat, Republican, Socialist, all are given a place. The audiences are universal—old and young, rich and poor, refined, cultured and crude.

On the Chautauqua platform politicians have grown into statesmen, academic professors into extension missionaries. Its influence is destroying sectarianism, killing bigotry, stimulating active religious service. It is destroying boss rule in politics by furnishing a free platform to honest reformers. It counteracts the corrupted press by giving direct appeal to the public.

The Chautauqua is the people's college of sociology and politics and up-to-date opinions on vital subjects.

SPANISH WAR VETERANS MEET

With more than 100 delegates attending, in addition to the regular soldiers with their band from Ft. Douglas, the annual state encampment of the United Spanish-American war veterans was held at the Union Labor hall yesterday afternoon.

Department Commander Elmer Johnson of Salt Lake opened the meeting and introduced Hon. John D. Murphy as the speaker of the day. Judge Murphy made the address of welcome and delivered a patriotic appeal. The response was by Commander Johnson. The following committees were appointed at the business meeting, which followed:

Credentials—A. Posner, Fort Douglas; E. Kahn, Salt Lake; J. B. Down, Ogden; Auditing—Joe Walters, Salt Lake; R. Kilrain, Fort Douglas; and J. Slater, Ogden; Resolutions—Wilkins, Salt Lake; Meyers, Salt Lake; Dr. A. S. Condon, Ogden.

A banquet, prepared by the Ladies' Auxiliary was enjoyed after the morning session. In the afternoon an executive session was held and the following officers elected:

Department commander, H. V. Granger, Salt Lake; senior vice commander, W. L. Francher, Fort Douglas; junior vice commander, A. Posner; deputy inspector, R. Kilrain, Fort Douglas; deputy surgeon general, Dr. H. C. Jorgensen, Salt Lake; deputy chaplain, Robert Reid, Salt Lake; deputy marshal, F. C. Peterson, Salt Lake.

The Fort Douglas band, under the leadership of Conductor De la Mora, gave a concert in Central park in the afternoon, which was enjoyed by several hundred people. The band and delegates then went to the Hermitage in special cars and enjoyed refreshments after which a band concert was given in the canyon.

It was decided to leave the selection of a delegate to the national encampment at Buffalo to the commander and executive board, and action on the selection of the place for the 1914 state encampment was also referred to the same committee.

The newly elected officers were installed with T. B. Sleater, past department commander, as mustering officer. Special cars were provided for the canyon trip and practically all of the delegates enjoyed the outing.

Deprecate Unpatriotic Speeches. Following are the resolutions adopted by the encampment:

"Whereas, We the United Spanish War Veterans of the department of Utah, in annual encampment assembled, do hereby reaffirm our allegiance and fealty to the nation, to the flag and to the national organization of the United Spanish War Veterans; therefore, be it resolved:

"First, That we deprecate the attitude shown by the organization known as the I. W. W. or by any other organization conducting public demonstrations of unpatriotic sentiments such as have been and are permitted on the streets of our cities.

"Second, That whereas the United Spanish War Veterans, department of Utah, recognize the fundamental desirability of universal peace and, with a full realization of the horrors of warfare, look forward to the day when warfare shall no longer be necessary for the preservation of human liberty; and,

"Whereas, We, as members of the United Spanish War Veterans, believe that peace must not be obtained at the price of national honor and dignity; therefore,

"Be it resolved, That we commend the principle of proper and sufficient armament and military preparation to compel respect for the rights of our government in the protection of its citizens and for the relief of the oppressed who have come or may come under our care; and

"Be it further resolved, That whenever peaceful overtures to maintain the honor and integrity of our nation against foreign invasion or international dissension may fail, we, the members of the United Spanish War Veterans, hereby pledge our readiness to respond to any call to arms necessary for the protection of the honor of our country and our flag."

"Third, Be it resolved, that it should be the manifest duty and policy of the national government, in justice to all concerned, that pensions and other emoluments for military service be on a common and equal basis for all soldiers of whatsoever war, past or future; provided that service and condition be equal; and further, that legislation should be enacted to provide for the care of dependents of soldiers of all wars on an equal basis without the need for special legislation; and

"Be it further resolved, That the department of Utah, United Spanish War Veterans, urge upon the Utah delegation in congress that they give their support and influence towards the enactment of statutes along the line of the preceding clause."

The encampment also passed a resolution directing the committee to express the thanks of the department to the Elks' lodges of Salt Lake, Ogden and Park City for their active participation in and assistance rendered in the observance of Memorial day.

KILLED IN AN AUTO ACCIDENT

Fresno, Cal., June 16.—Sister Aloquo, the mother superior of St. Augustine academy here, was killed, Sister Agnola of the same institution was badly injured, and two other sisters and a Japanese chauffeur were more or less seriously hurt in an automobile accident near this city late yesterday. A report that the accident was caused by joy riders, forcing the car in which the nuns were riding onto a ditch, is being investigated.

Passengers who examined the wrecked machine, however, found that one of the tires had blown out, and it is presumed that this was the cause of the car leaving the road.

Sister Aloquo died soon after she had been brought to a hospital here. The Japanese also may die. Sister Aloquo came to Fresno from Salt Lake three years ago. She was a Miss Mary O'Riordan and was born in Cork county, Ireland, 61 years ago. One of the injured nuns, Sister Margaret, is a blood sister of the dead woman.

"So Miss Brown is married. Well, I'm not surprised. She always despised her own name for its commonness, and declared she would change it at the first opportunity. By the way, whom did she marry?"

"A Mr. Smith."—Boston Transcript.

PARIS, THE INCOMPARABLE

"Learn One Thing Every Day"

No. 1. THE RIVER SEINE

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Walk among the pleasant tree-clad hills just northwest of Dijon, France. The green grass waves gently in the breeze. Suddenly a white nymph comes unexpectedly into view, bending over and gazing into the bubbling waters of a spring that wells up at her feet. This is a sacred spot to the people of Paris, although it is two hundred miles away; for here is the birth of the River Seine, at a height of 1,545 feet above the sea. The city of Paris has set the statue of the nymph here to mark the spot. It is a small stream at first, and is often dry for the first thirty-one miles of its journey to the sea, during which it descends 795 feet, nearly half the height. But, as it wanders cheerfully on, it receives the waters of the Anbe, the Yonne, the Oise, the Essonne, the Loire, and the Eure, and joins the Marne just before reaching Paris, where it becomes a consider- able river, capable of floating vessels that draw from nine to ten feet of water.

The ordinary volume of water in the Seine at Paris is 5,300 cubic feet a second; but in times of dry weather this has been known to be as low as 1,200 cubic feet. On the other hand,

SOAPADE

SOFTENS THE HARDEST WATER
HARD TO SOAP
SAVES THE WATER

pressed who have come or may come under our care; and

"Be it further resolved, That whenever peaceful overtures to maintain the honor and integrity of our nation against foreign invasion or international dissension may fail, we, the members of the United Spanish War Veterans, hereby pledge our readiness to respond to any call to arms necessary for the protection of the honor of our country and our flag."

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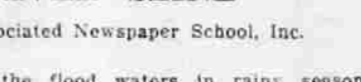
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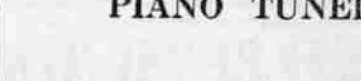
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